

MORE
THAN A
WORD

MOVING FROM TALK TO ACTION

HOW CAN I PROGRESS RECONCILIATION AS AN INDIVIDUAL?

Reconciliation is more than a word – **it takes action.**

This year for National Reconciliation Week, we invite you to take braver and more impactful action. Find out below how you can **learn**, **act** and **share** to progress the movement towards a reconciled, just and equitable Australia.

LEARN

- * Recognise, respect and educate yourself on Aboriginal and Torres Strait Islander culture, history and communities by reading something from our [book list](#) or our [watch list](#).
- * Subscribe to [IndigenousX](#) to learn about Aboriginal and Torres Strait Islander perspectives on different issues.
- * Find out whose [Country](#) you are on.
- * Read the [Uluru Statement from the Heart](#).
- * Learn about the [true history](#) of the settlement of Australia, the Frontier Wars.
- * Learn about [significant dates](#) to Aboriginal and Torres Strait Islander Peoples.

ACT

- * Become a [member of Reconciliation NSW](#) (free for individuals) or your state/territory reconciliation group to receive news and updates.
- * Participate in [online events](#) and [talks](#).
- * Visit [local Aboriginal sites of significance](#) to pay patronage - this could be gathering sites, rock engravings, massacre sites.
- * Donate to [IndigenousX](#) to support First Nations' media.
- * Support the Uluru Statement from the Heart by signing the canvass and [emailing your local MP](#).

SHARE

- * Acknowledge what Country you are on through your social media and add your Country to your [address](#).
- * Amplify First Nations voices – share tweets and posts from IndigenousX and [other First Nations' accounts](#).
- * Share stories about Aboriginal and Torres Strait Islander culture with your children - there are great recommendations for kids and teens on our book list.
- * Suggest a book from our reading list for your book club or host a movie night with friends.
- * Call out racism when you see it and [share resources](#) on how others can address this too.

Supporters, please remember the importance of privileging and amplifying First Nations' voices as you add your voice to calls for reconciliation and justice.